



## RELAX...

### BENEFITS OF HYPNOSIS TRAINING

Help yourself and others deeply relax. The hypnotic state is great for relieving stress, healing, and feeling wonderfully blissful.

- Learn how to overcome habits and addictions, like smoking and drinking
- Discover how to overcome fears quickly and painlessly
- Learn how to achieve and maintain a healthy weight
- Find out how to heal emotional and physical wounds from the past

## WANT TO BE HAPPY AND HEALTHY? HYPNOTHERAPY CAN TAKE YOU DEEPER INTO THE LIFE YOU WANT .

Hypnotherapy is at the core of any healing or coaching practice. The ability to make positive changes in the mind and body with nothing more than the power of the mind is becoming more critical than ever.

Because there are so many applications for using hypnosis, it is important to find the program that best suits your needs. And, most importantly, you need an instructor with integrity, so that you can trust that the suggestions you receive will be positive and helpful.

At Lightwork Seminars, our courses address the whole person; mind, body, and spirit. We make hypnosis fun and easy to learn by taking you through altered states where you can learn faster and more effectively. And, we have the credentials to back us up.

Healing can be incredibly pleasant, both for clients and practitioners. Give your clients and yourself the gift of relaxation and transformation. Enroll today, and learn to utilize altered states in the best possible way.

# LEARNING HYPNOTHERAPY WITH LIGHTWORK SEMINARS, INTL.

Let's face it; you have a life. You don't want to spend months in a classroom. You need a program that works for you without sacrificing your learning by enrolling in a weekend course. To be successful, you need hands-on training.

With Lightwork Seminars, you can become a confident and skilled hypnotherapist in six days. By utilizing the state of hypnosis, we teach your unconscious how to do the work, quickly and effectively. You probably already know that the path to true learning is practice, so a majority of our program is devoted to supervised practice sessions. You'll learn hypnosis by doing hypnosis. Try getting that out of a book!

LIGHTWORK SEMINARS, INTL.  
*many hands make lightwork*

## FREQUENTLY ASKED QUESTIONS

**Q** Will I be certified as a hypnotherapist at the conclusion of this program?

**A** Yes! Upon successful completion, you will be certified by the International Hypnosis Association. After completion of 40 hours of practice, you can apply for certification with the National Guild of Hypnotists.

**Q** What's included in the tuition? Are there hidden costs?

**A** Your tuition is all-inclusive. It covers a complete course manual, a CD and DVD set of live demonstrations, and 54 hours of live instruction and supervised practice.

**Q** How do I register for your courses?

**A** You can register online or by calling the number below. We accept checks, cash, and credit cards. Former students are also encouraged to retake all of our courses- for FREE!

LIGHTWORK SEMINARS has Hypnotherapy courses coming to Boca Raton, FL.

	COURSE DATES	TOTAL TUITION
<b>HYPNOTHERAPY</b>	AUG 23-28, 2010 9:30am - 6:30pm	\$1550 in full OR \$140/month for 12 months
<b>PAST LIFE REGRESSION</b>	AUG 27-28, 2010 9:30am - 6:30pm	\$2450 in full OR \$215/month for 12 months
<b>NLP FASTRACK</b>	JUNE 5-19, 2010 9:30am - 6:30pm	\$4250 in full



Your Trainer, Janis Ericson

## TRAINING LOCATION

The Boca Raton Bridge Hotel is Boca Raton's only boutique hotel. Located on the Intracoastal waterway, next to the beach, this hotel has it all. Rooms for this event range between \$89-119/night.

Reservations: 866-909-2622

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