

NLP HOME STUDY KITS

At Lightwork Seminars Intl. you can begin learning NLP immediately!

Upon receipt of your tuition for the NLP Practitioner course, you will be mailed a home study kit, which includes:

- NLP Textbook, ["I Know I Need to Change, but How?"](#)
- 4 Course Manuals for Modules 1-4
- 1 deck of NLP Coaching Flash Cards
- 7 DVDs of NLP Demonstrations
- Access to Dozens of Audio Recordings

Upon receipt of your tuition for the NLP Master Practitioner course, you will be mailed a home study kit, which includes:

- NLP Textbook, ["I Know I Need to Change, but How?"](#)
- 4 Course Manuals for Modules 5-8
- 1 deck of Conversational Hypnosis Flash Cards
- 4 DVDs of NLP Master Demonstrations
- 2 CDs of Ericksonian Hypnotherapy Sessions
- Access to Dozens of Audio Recordings

The following modules comprise the NLP Practitioner (Modules 1-4) and Master Practitioner (Modules 5-8) courses.

Module 1	Communication Skills	How to understand others and be understood- at home, at work, and at play, building rapport with anyone, communicating with the unconscious
Module 2	Coaching Skills	Questions that yield maximum results, how to set achievable goals, troubleshooting for companies and individuals, how to know someone's thoughts before they do
Module 3	Behavior Modification	How to shift how you feel and respond to difficult situations, replacing problem behaviors and addictions, changing bad habits
Module 4	Health Improvement	How to heal from health conditions ranging from sore throats to cancer, listening to your body, releasing weight permanently, resolving conflicts in yourself and between individuals, healing from grief
Module 5	Ericksonian Hypnosis	Hypnotic language patterns for covert hypnosis, the art of suggestion, how to properly design therapeutic metaphors, developing healthy personal archetypes
Module 6	Advanced NLP Patterns	A collection of advanced patterns for releasing painful emotions and fears, re-aligning values for better decision making, advanced submodality patterns for regression and progression
Module 7	Presentation Skills	Clearing public speaking fears, how to say what you mean and be understood, magic words of persuasion, developing charisma, selling your ideas and products
Module 8	Success Skills	How to model anyone's success without losing yourself in the process, how to know how you do what you do successfully and how to teach others how to be as successful as you